

ISSN: 2393-9583 (PRINT) ISSN: 2393-9591 (ONLINE)

RNI No: TELENG/2014/60297

## AYUSHDHARA

International Journal of research in AYUSH & Allied Systems https://ayushdhara.in

## Certificate Of Publication

Is hereby awarding this certificate to

**JYOTI** 

In recognition of the publication of the Review Article entitled

"MILLETS (KSHUDRA DHANYA): NURTURING HEALTH AND PREVENTING LIFESTYLE DISORDERS"

Published in AYUSHDHARA Journal VOL 11, ISSUE 1: JANUARY - FEBRUARY 2024

B. Sin

EDITOR-IN-CHIEF AYUSHDHARA

PUBLICATION MANAGER
MAHADEV PUBLICATIONS